



Additional Services and Resources for Individuals, Caregivers and Families

Suicide Resources

[988 National Suicide and Crisis Lifeline](#): Get help for yourself or someone else:
Call, Text or Chat **988** Read [“Stories of Hope and Recovery”](#)

Food Resources

[Wildwood Soup Kitchen](#)

[Wildwood Food Pantry](#)

Abuse (domestic, financial and other abuse): Call Adult Protective Services (State of Florida) Hotline 1-800-962-2873 **TTY**: 711 or 1-800-955-8771

[Report abuse online: Florida Dept of Children & Families](#)

[National Domestic Violence Hotline](#) 1-800-700-7233 **TTY**: 1-800-787-3224

Local help for Victims of Domestic Violence

- [Haven of Lake and Sumter Counties](#) – 24-hour Hotline 352-753-5800
- [Casa Marion](#), Marion County 24-hour hotline 352-722-2272, Outside of Marion County: 1-800 500-1119; emergency shelter services, outreach support, prevention through education
- [Operation Safe Escape](#) 1-888-997-SAFE
- Treatment Program for Batterers “Ways to Better Options,” 300 Mason St., Wildwood, FL, 352-817-0837

[Adult Children of Alcoholics & Dysfunctional Families](#) website of resources and support group meeting on Thursdays at 1:00 pm at Eisenhower Rec Ctr. They have a workbook study on developing our own Loving Parent to get in touch with and support/protect/love our inner child and inner teenager.

[Adult Watch Program](#) by The Villages Community Watch for those who live alone and need daily checks on their welfare. Call Community Watch 24/7 at 352-753-0550.

[Alzheimer's Foundation of America](#) has caregiving resources and other supportive services.

Local in The Villages - [Our Moment Café](#) provides a safe and supportive social environment for caregivers and those they care for with early-stage memory loss due to Alzheimer's disease and dementia.

[The Compassionate Friends](#) supports families after a child dies. Their national office provides a bereavement package; call 877-969-0010.

Coping with Dementia - [Online Care-Partner Support Groups](#) for the friends and families of individuals living with dementia.

[Cornerstone Hospice](#) support programs

[Day-Break-Club of The Villages](#) provides a supervised environment where caregivers can drop off family members who have special needs for a few hours each week.

[Drugwatch's guide to mental illness](#) that covers anxiety, depression, treatments, and more.

[Educational resource: Best Free Online Degrees for Seniors](#): to assist those who aspire to enhance their intellect or consider starting a new career path. It features an overview of the top online degrees for seniors, emphasizing their numerous advantages and a broad range of subjects to choose from.

[Emergency setting on iPhones and Androids](#) with instructions for how to notify specific contacts when you are making a call to 911.

[Health information from NIH, National Library of Medicine](#)

Medical Equipment: VHA's Helping Hands program. Request or Donate www.thevha.net 352-973-2284

[Special Needs Resources in The Villages](#) – check this website for social and recreational opportunities for adults with special needs. Empowering Families Through Knowledge and Connection. AFINS holds workshops on the second FRIDAY of every

month at the Sumter County Clerk of Court Villages Annex. Visit us at <https://afins.group/> or email [Alfins](#) to learn more, get involved, or find upcoming events.

Supporting Veterans:

[Restoring Hope Thrift Store and Clothing Boutique in Wildwood, FL](#)

Donate and Support Combat Veterans. Volunteers are needed.

[Sumter County Veteran Services](#)

Sumter County Veteran Services is a county agency created to assist all former, present and future members of the Armed Forces of the United States and their dependents in preparing claims for and securing compensation, hospitalization, vocational training and other benefits or privileges to which they may be entitled under any Federal or State law or regulation by reason of their service in the Armed Forces of the United States.

All services rendered under their subsection of Florida Statutes (FS 292.05) shall be without charge to the claimant.

[The Villages VA Clinic](#), 8900 Southeast 165th Mulberry Lane, The Villages, FL 32162-5884

Main number: [352-674-5000](#), **Mental health:** [352-674-5000](#)

[Website](#)

[Get directions on Google Maps](#)

[Scams, Fraud Alerts \(AARP information\)](#)

Senior Living Advisors



Free personalized assistance to help you choose the best independent, assisted or memory care community for your unique needs. Call Lisa Honka 352-446-5749

[Seniors Vs Crime](#) provides educational and crime prevention programs to senior citizen groups; investigating complaints and seeking restitution for seniors in appropriate instances.

[SHINE \(Serving Health Insurance Needs of Elders\)](#) provides free health insurance counseling program in The Villages and Florida.

Tech Support and Training from Villages Technology Clubs:

[Apple Users Drop In](#)

[The Connected Villager](#)

[The Villages iPad Club](#)

[The Villages Word Press Group](#) (create your own website or blog)

The Villages Apple User Group: email webmaster@tvaug.org

[The Villages Computer Club](#)

[The Villages Daily Sun newspaper](#) includes information about bereavement groups, places of worship (Saturdays), self-help support groups (Mondays) and has a Recreation & Parks News section listing clubs and activities (Thursdays).

[The Villages District Government, Public Safety Information](#) includes information about various programs for seniors.

[The Villages Health Learning Center Schedule](#) provides free health classes.

Check with the **Fire Department** about the following services:

- Help with changing smoke alarm batteries for those who are unable to do this
- A lock box to allow entry into your home by the fire department or EMS in emergency situations.

Check with the [Sumter County Sheriff's Office](#) about the following services:

- [Vial of Life](#): list of medications for your refrigerator
- [Peace of Mind program](#): daily check-in for people who are housebound
- [Home Security Inspections](#)
- [Human Scent Preservation Kit](#)
- Personal GPS tracker and
- Caution Notes for dispatchers